



# BUNKER HILL MIDDLE SCHOOL

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*"Bulldog...It's more than our mascot; it's our character"*

*Michael J. D'Ostilio  
Principal*

*Gregory Muscelli, Ed.D.  
Assistant Principal*

July 29, 2021

Dear Bulldog Families,

I hope this letter finds you well. Normally, I would include this in my weekly/bi-weekly newsletter and will do so, but I wanted to send correspondence regarding sports physicals prior to my next newsletter. The district has contracted with a new district physician who consults with the district and has the primary responsibility for managing/reviewing physicals. For those of you who don't know, it's quite the process. Here's the process when you turn the forms into the nurse.

1. Nurse reviews the forms and looks to see if there are any parts that haven't been filled out or any problems. If so, the nurse gets back to the parent.
2. When the nurse has a completed physical, she submits it to the school doctor.
3. The school doctor reviews the form. If the form is incomplete from his vantage point or if he needs more documentation, he returns it to the nurse who then must call the parents to fix the form.
4. After all this is done, that's when the physical is approved.

Truthfully, this can take weeks, so we are trying to get ahead of it so students who wish to do dance club, running club, or play field hockey in the fall, there is no delay in their ability to participate. Here is important information.

- Completed physicals are due to the school nurse by August 16, 2021.
- The nurse will review them and work with parents if there are any problems.
- On August 30 or 31, 2021, the district doctor will review the physicals. He will then return to the nurse the ones that need revisions.
- From there, the nurse will work with families to try to get the physicals that need revisions fixed by the second week of school when the activities start.

Remember, this is just for field hockey, dance club, and running club. If your child is interested in basketball or wrestling, you still need a sports physical and can still turn them in, but you are not bound by this same timeline at this juncture.

To access the physical paperwork, please go to <https://www.wtps.org/Page/381>. Once on that page, click on "Forms and Paperwork". If your child had a district sports physical November 2020 or later, all you need to do is update the Health History Questionnaire. If your child had a sports physical before

November 2020, you need to obtain a new physical as well as the Health History Questionnaire. Lastly, if your child has asthma, you need to complete the asthma paperwork as well.

A very important note is that you don't have to always go to your child's pediatrician for the paperwork. Inspira Urgent Care of Washington Township (Millpond Shopping Center where Shoprite is) does sports physicals. You can go there and pay a fee for them to examine your child and complete the paperwork. The specific contact information for this urgent care can be found at <https://www.inspirahealthnetwork.org/locations/inspira-urgent-care-washington-township#>

Keep in mind that if you choose to go to Inspira is if there is an illness or injury they have to review or have information on, they may not be able to clear your child or complete the physical. In this case you would need to reach out to the school nurse to discuss how to proceed.

Hope you all continue to have a fantastic summer. For questions, please reach out to Mrs. Keane our nurse at [bkeane@wtps.org](mailto:bkeane@wtps.org).

See you soon,

A handwritten signature in black ink, appearing to read "Mike D'Ostilio". The signature is fluid and cursive, written over a white background.

Mike D'Ostilio, Principal Bunker Hill Middle School